



4 I's of Oppression

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Celestial Alegría

Igniting joy through transformation

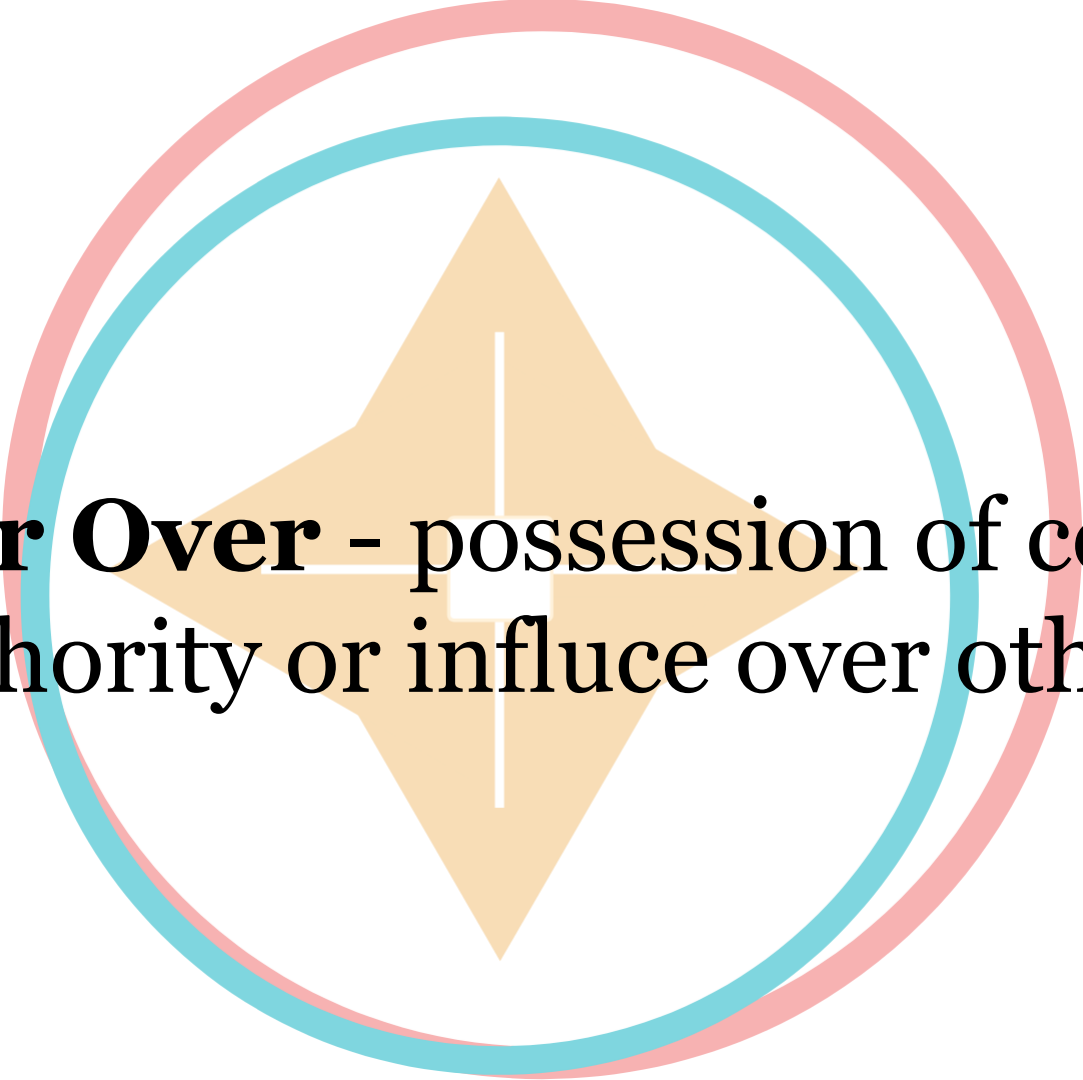




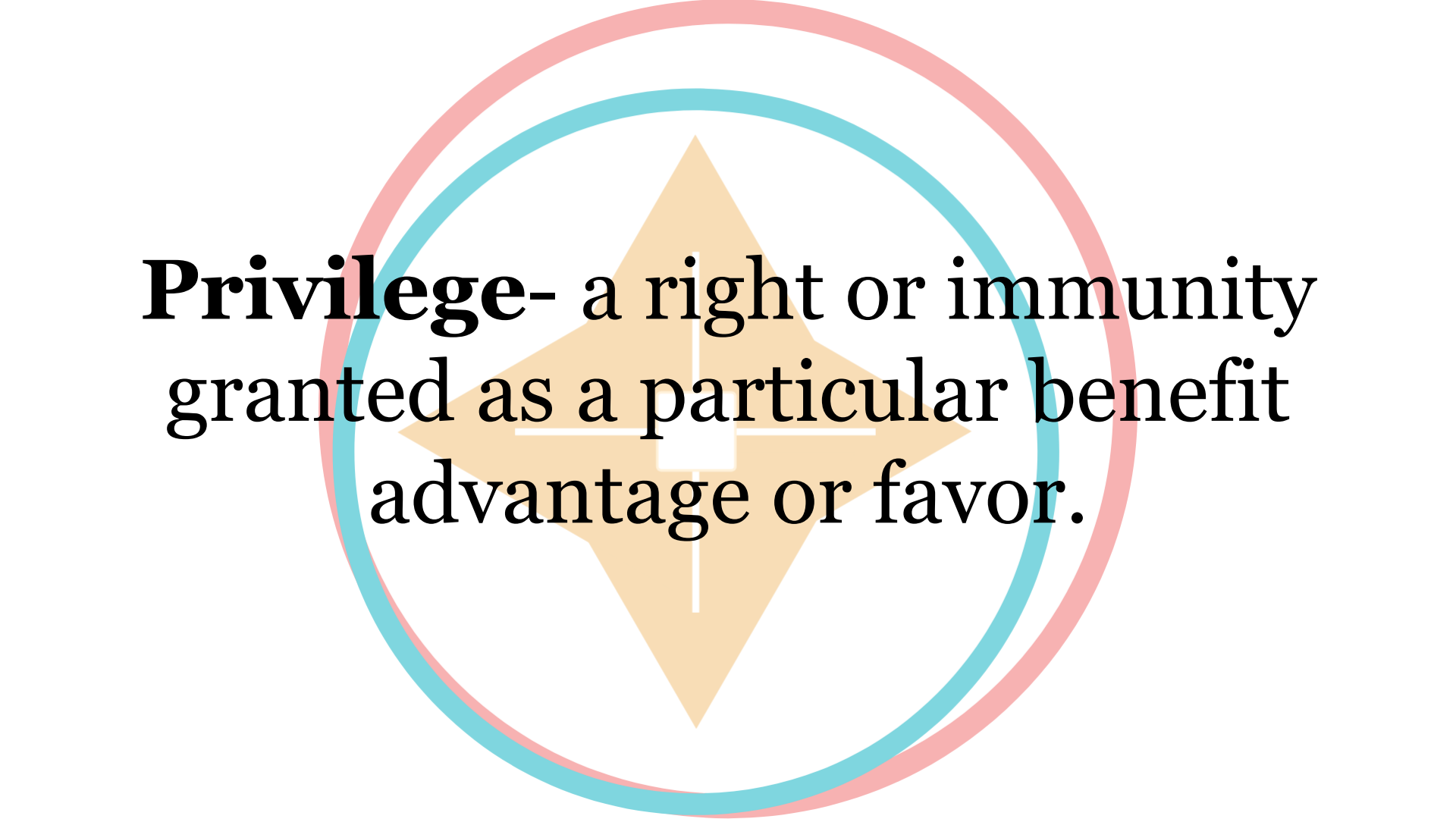
Definitions



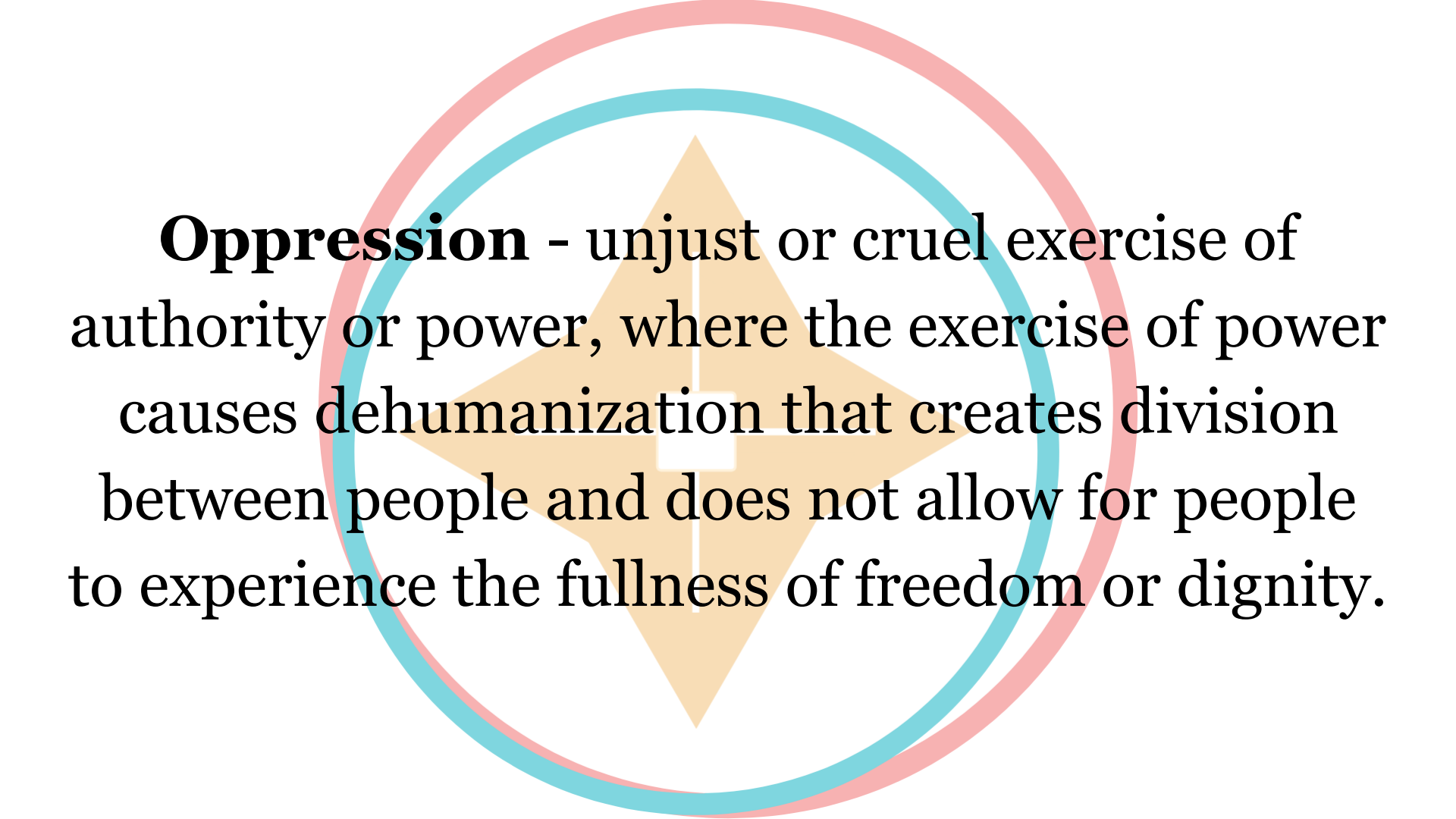
Power - ability to act or produce
an effect



Power Over - possession of control,
authority or influence over others

The background features a central gold-colored four-pointed star with a white crosshair. This star is enclosed within a light blue circle, which is further surrounded by a light red circle. The text is centered over this graphic.

Privilege- a right or immunity granted as a particular benefit advantage or favor.



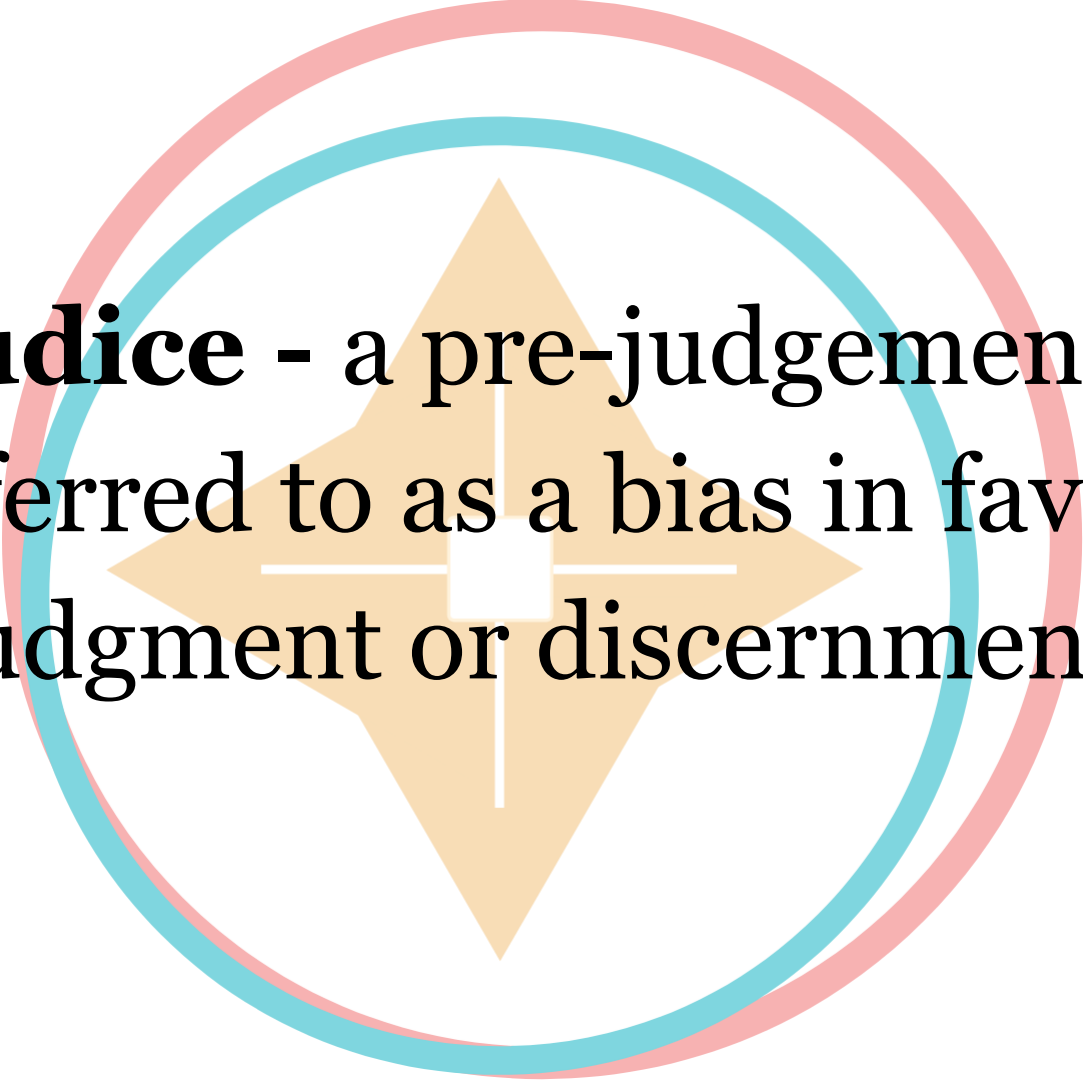
Oppression - unjust or cruel exercise of authority or power, where the exercise of power causes dehumanization that creates division between people and does not allow for people to experience the fullness of freedom or dignity.



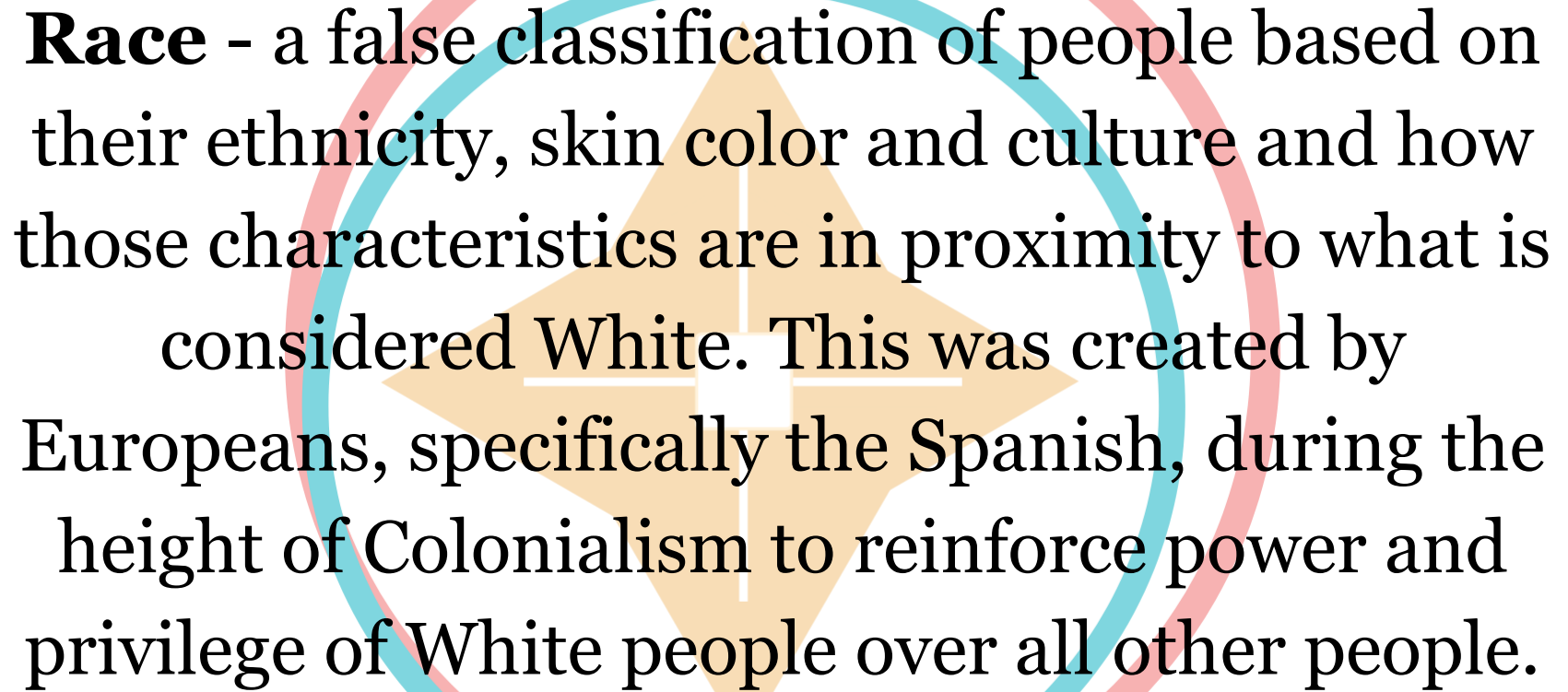
Individual Reflection



Definitions



Prejudice - a pre-judgement, also referred to as a bias in favor, judgment or discernment.



Race - a false classification of people based on their ethnicity, skin color and culture and how those characteristics are in proximity to what is considered White. This was created by Europeans, specifically the Spanish, during the height of Colonialism to reinforce power and privilege of White people over all other people.



Racism - is a belief system from racial prejudice and power over.



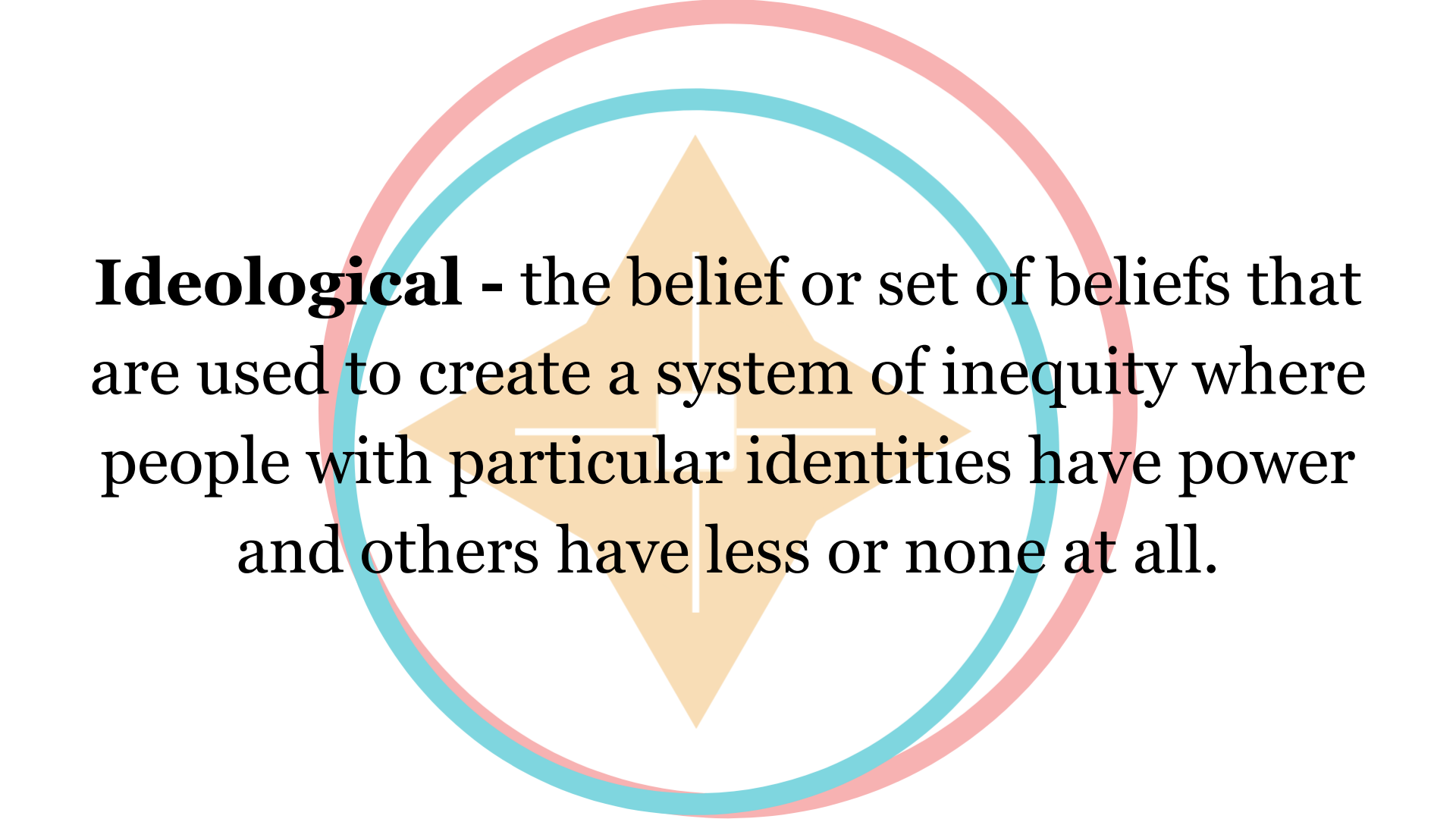
Racial prejudice + Power Over
= Racism




Individual Reflection



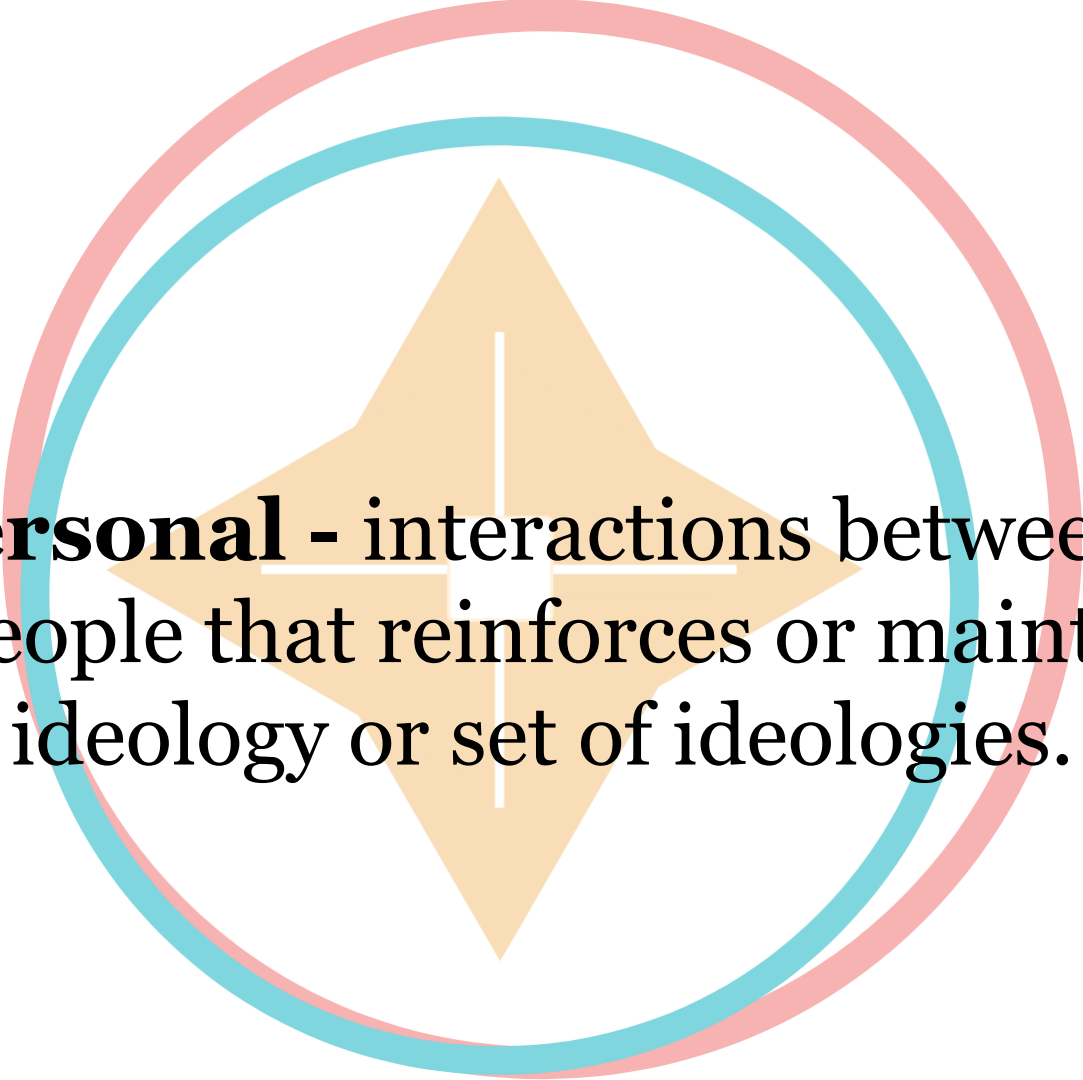
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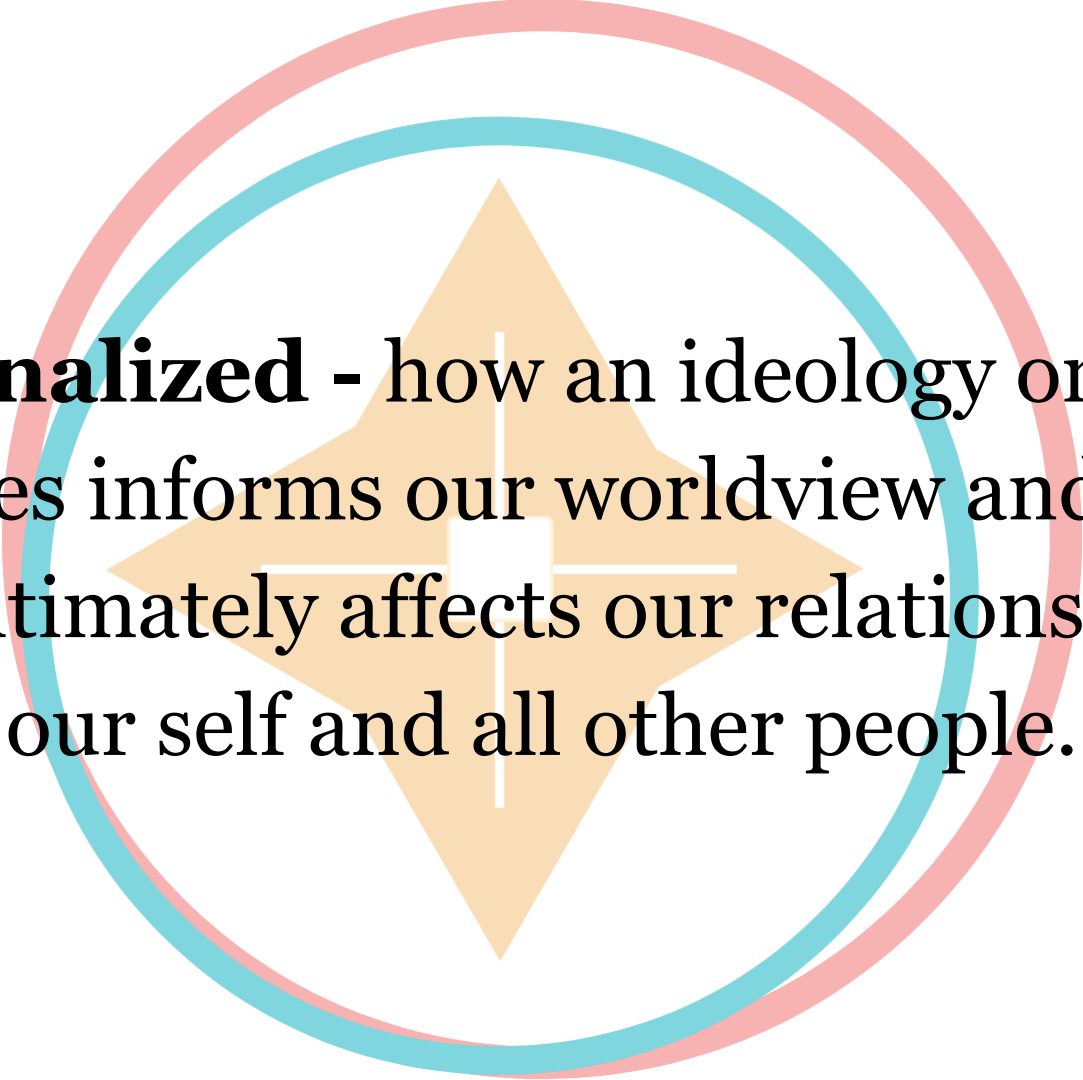
Ideological - the belief or set of beliefs that are used to create a system of inequity where people with particular identities have power and others have less or none at all.



Institutional - an organization or system of organizations that reinforce or maintain an ideology or set of ideologies.



Interpersonal - interactions between two or more people that reinforces or maintains an ideology or set of ideologies.



Internalized - how an ideology or set of ideologies informs our worldview and beliefs, which ultimately affects our relationship with our self and all other people.



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1. Ideological

2. Institutional

3. Interpersonal

4. Internalized



Personal Activity



Question & Answer



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www.celestialalegria.com